



WalkBoston™

Press release

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Contact: Hillary Borcharding
hborcherding@walkboston.org
Joyce DiBona
j.dibona@verizon.net
617.367.9255

Release: IMMEDIATE

WALKBOSTON HOSTS U.S. SURGEON GENERAL AT ANNUAL CELEBRATION

Dr. Regina Benjamin to Lead Community Walk in Cambridge

BOSTON -- WalkBoston, Massachusetts' leading pedestrian advocacy organization, will host its Annual Walk and Celebration Thursday, March 22, 2012, featuring **United States Surgeon General, Regina Benjamin, MD, MBA**. Dr. Benjamin will kick off the walk starting at the Kendall Square T Stop Cambridge, at 4 p.m. EST. The Surgeon General, teen leaders and the City of Cambridge will demonstrate ways in which walking is being reintegrated into the urban environment.

At 5:30 p.m., WalkBoston will hold its annual celebration "Walk Your Way to Health" where the Surgeon General will discuss her Vision for a Healthy and Fit Nation.

"Walk Your Way to Health" also includes the presentation of the Golden Shoe Awards recognizing those who exemplify the ideals that guide WalkBoston. The celebration will be held at the Microsoft NERD Center, One Memorial Drive, Cambridge. The public is welcome to join the walk and celebration. To register and get further information, see walkboston.org.

This year's Golden Shoe recipients include: Energize Everett, a group helping Everett get active and eat well; Harvard Pilgrim Health Plan Foundation, an innovative funder fighting childhood obesity; and Vicki Danberg, a Newton Alderman who championed the adoption of Newton's sidewalk snow clearance ordinance.

What:	U.S. Surgeon General's Walk/WalkBoston Annual Walk & Celebration
When:	WALK -- 4 p.m. EST, Thursday, March 22, 2012
Where:	Kendall Square T Stop Cambridge, MA
	CELEBRATION -- 5:30 p.m. EST "Walk Your Way to Health"
	Annual Celebration at the Microsoft NERD Center, One Memorial Drive, Cambridge
Who:	Regina Benjamin, MD, MBA, United States Surgeon General
Media Ops:	Media ops available

About Walk Boston

In its 22nd year, WalkBoston's mission is making walking safer and easier in Massachusetts to encourage better health, a cleaner environment and vibrant communities.

About the Surgeon General

Regina M. Benjamin, MD, MBA is the 18th Surgeon General of the United States. As America's Doctor, she provides the public with the best scientific information available on how to improve their health and the health of the nation.